



Demara Stamler

KEYNOTE SPEAKER • CERTIFIED LIFE MASTERY COACH

With her extensive background in the healing arts as a practitioner, teacher and administrator, Demara has a particular passion for helping massage therapists create successful businesses and maintain their love and commitment to their craft – or – help them discover and build the next chapter in life. She specializes in guiding people toward their personal mission and purpose.

Demara is an inspiring speaker, passionate educator, and a highly sought-after transformational coach. Now combining this background with the proven Brave Thinking® technology, Demara is helping clients achieve extraordinary results in accelerated time – helping them transform their lives and close the gap between the life they were living and a life they absolutely LOVE living.

Demara offers content-rich, interactive workshops that take participants on a journey in which they design, define, test, and experience a crystal-clear vision of the life they would love – a life that is in alignment with their highest purpose. They will have a unique opportunity to “step into” the life they are imagining and feel a resounding “yes, I would love that!”

Demara is proud to be certified as a DreamBuilder Coach with the Brave Thinking Institute (BTI) since 2016 and as a Life Coach by the Association for Research and Enlightenment (ARE) since 2017. She’s also certified as a Meditation Teacher and Mentor. Anyone who asks her why she chose to do this work will get the same answer every time, “I absolutely love this work. Coaching and teaching fulfill my mission and purpose”. Her dream is to have every client find a life that they love, too.



What makes Demara unique is her ability to intuitively see through blocks that stop people from achieving what they want then steering them in the direction they do want. Demara uses a variety of creative solutions, specific tools to work with, and proven principles they can experiment with to achieve those results.



THE VISION WORKSHOP

3 KEYS TO ACCELERATING YOUR RESULTS

During this dynamic and high energy training, you will have an opportunity to define, design, and experience your dream – and receive the blueprint for how to turn your greatest possibility into your reality.

You will learn:

- Two essential keys for tuning into your purpose.
- Simple thinking-strategies that will guard you from fear, doubt and worry.
- What wealthy people do that creates sustained success.
- What causes people to lose steam when going after a dream, and how to stay motivated and override it.
- The one critical thing you must give up in order to reach your dream.
- And much more!

“Demara is a skilled professional and empathetic listener. She brings an intuitive interpretation to each situation that I have brought to our sessions, as well as how to apply the principles to the current events of my life. My life has changed remarkably as a result of working with her, and I am so grateful to her.

M.H.

“With Demara's coaching I think about my life differently – I see deeper meaning and purpose in my life, and I feel more confidence and hope in a better future.

Natalie D.

My Passion

Inspiring people to really dream again and uncover their untapped potential – knowing that truly, all things are possible.

My Mission

Helping people discover their purpose and get crystal clear about the vision and goals that they would love to achieve and then supporting them to turn these possibilities into results.



A Speaking Experience

TAILORED SPECIFICIALLY FOR YOUR AUDIENCE

Whether it's a short 10-minute talk, a 'Lunch & Learn' training, motivating keynote speech or full day workshop – your group, organization, or company can be assured of an absolutely transformational experience with lasting results.

In Demara's talks you'll discover...

- A proven process for clearly defining and envisioning your dream, so you know exactly what your dream life looks like, and can develop a plan for creating it.
- A two-pronged approach to tuning into your purpose, so every action you take moves you toward it.
- Exactly where your resistance lies – and how to dissolve it – so you can begin attracting greater abundance and creating better results, more quickly.
- What ultra-successful people do to achieve extraordinary results, and how to follow that same path to create unstoppable momentum in your own life.
- The number one factor that causes people to lose steam when they're pursuing a dream, and how to override it until you cross that finish line.



In addition to the speaking topics listed below, Demara can create a unique speaking experience tailored to your organization's specific goals, challenges, and successes. Share your needs with her, and she'll collaborate with you to create the perfect presentation that inspires and energizes your group!

- **Designing and Building Your Vision**
- **Visionary Organized Planning – From Ideas to Action**
- **Communication from the Heart**
- **Leadership Tools from the Ages**
- **Re-Thinking Prosperity and Abundance**
- **The Power of Decision-Making**
- **Recruitment and Retention Re-Imagined**
- **Customer Service – It's All About the Vision**
- **...And More!**



AV REQUIREMENTS

Demara takes her commitment to your group quite seriously. She understands that you have invested a great deal of time, money and energy into your event, and would like to offer you some suggestions to make sure you receive the maximum return possible on your investment by receiving the best presentation possible.

Mics & Tables

- Demara prefers a behind the ear mic when possible. Please make sure that the AV department has a back-up microphone available at all times. Our suggestion would be to have someone from your group assigned to the microphone system should any adjustments be needed for volume, bass, feedback, etc.
- Demara uses PowerPoint during her presentation. She will need a projector within range of her remote control for changing slides.
- Please have water available for Demara
- Audio and/or video taping is available with PRIOR WRITTEN AUTHORIZATION. This includes any modification to the presentation. If the presentation is edited or cut in any way for public use, Demara must approve it before release.
- Please have a table available for Demara's products and someone available to assist her during the day of her presentation.

Successful Meeting Tips

- Theater or classroom seating is preferable. We understand that when planning on or around a meal, this is not possible.
- If the event is in a hotel, for the benefit of your audience, and Demara, please request from the hotel or auditorium management that the meeting room have no distracting noise from an adjoining room, such as a singing group, rock band, etc. during the time Demara is presenting her keynote or seminar.
- It is difficult to build intimacy and rapport if your audience is still eating. Please instruct the banquet staff to clear up AFTER the speaker's presentation.
- When a photographer is present, please ask them to refrain from taking photos the first 15 minutes of the program. This can be distracting to the speaker and audience.
- Please make sure the room is well lit especially the staging area. People remember more and laugh more in bright rooms. Demara prefers to see the faces of the audience. This allows her to see how they are responding to her presentation.

